#### Guardian Scholars Program, Empowering Scholars Performance Management System San Francisco State University

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### **How SF State GSP Began**

- Xochitl and Sonja both had experience with current and former foster youth at SF State and at local non-profit organizations serving homeless and youth from disenfranchised communities
- Xochitl worked in the Educational Opportunity Program doing outreach
  - Supports first generation college and historically low income college students
  - EOP supports academic, retention and matriculation of students
- Sonja is a School of Social Work Professor
- We met at a higher education conference for former foster care youth in 2004



### **Organizational Mission and History**

- SF State's GSP was founded in 2005 to address the needs of former foster care youth on campus who were seeking undergraduate degrees.
- Mission: to create a system of support that will meet the academic, social, emotional, and financial needs of undergraduate students who are transitioning out of the foster care system.
- Collaboration in Student Affairs EOP and School of Social Work
- GSP serves 90+ students each year, the majority of whom are low income, needing remediation upon entering SF State, and who would be marginally housed or homeless during the school breaks.
- Have served 194 students to date



#### **GSP Services**

- Intensive clinical case management (MSW level staff and MSW interns)
  - Weekly meetings with Clinical Case Managers
  - "High touch" model of services
- Year-round housing and meal plans
  - Winter/summer breaks (now paid for by university housing)
  - Emergency needs
- Career Pathways Specialist focus on career prep
- Staffing 6.5 FTE
- Mental health therapists (2 independent contractors)



### **GSP Students 2005-2017** (n=165)

- Females (70%), Males (30%)
- Ethnicity
  - African American (44%)
  - Asian American (9%)
  - Caucasian (19%)
  - o Latinx (28%)
- Sexual Orientation
  - LGBTQQ (40%)
  - Straight (60%)
- Mean number of years in foster care
  - o 8.41 years (S.D. 5.65)



### **Theory of Change**

- Tipping Point walked us through a TOC process in 2014
- Services: Initial recruitment (applications) to exiting and beyond
- Dosage, services, outcomes, staffing
- Goal: Codify our model



- Application
- Student demographics
- Clinical Assessment (including fc history, education, employment, legal, substance use, mental health history, trauma history, etc.)
- Case management notes
- Career planning services
- Mental health services



Let's walk through the database!



#### Current Outcomes:

- 88% sophomore year persistence rate (64.2% nationwide)
- 83% overall persistence rate
- 70% six year graduation rate (59% nationwide)
- Average annual salary of alumni: \$46,000
- All alumni working full-time or in graduate school



Questions?

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